

Strawberry-Melon Summer Salad

Refreshing summer dish for cookouts or holiday parties.

Prep time: 20 minutes

Servings: 6 servings

Total time: 20 minutes

Calories: 99.7

Ingredients:

- 1 cup lemon yogurt
 - 1 Tbsp. honey
 - 1 tsp. lemon juice
 - 2 cups watermelon balls
 - 2 cups cantaloupe balls
 - 2 cups halved fresh strawberries
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Instructions:

1. In a salad bowl, whisk together the lemon yogurt, honey and lemon juice until smooth.
 2. Gently fold in watermelon balls, cantaloupe balls and strawberries.
 3. Toss to coat, and serve.
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Recipe Notes:

You may substitute vanilla yogurt for the lemon yogurt.